

Meeting Notes & News 2022/23

Tuesday 10 January 2023



Report from President Patrick

Back from his leave, President Patrick kicked off the new year by committing to and encouraging improved communication within the Club.

In particular, we can expect:

- Scheduled feedback on Committee projects and activities (President to co-ordinate)
- Feedback from Board Meetings after each Board Meeting (President)
- An updated Club Meeting Agenda after each Board Meeting (President)
- A membership survey (President)
- Development of an On-Boarding Process for new members (President Elect?)

Patrick also stressed the importance of **all club members becoming involved** in providing information on Club and community news, events and matters of interest **to the Newsletter Editor**. Most importantly, if you've recently been involved in a Rotary activity, delivered an update/report, or made a visit on behalf of the Club, please send a quick email to me, Susan, to let me know. We'd also love to acknowledge your personal achievements and family milestones. If you have a photo, so much the better. Snaps from Bring & Buy? A recent Dress-up Party? Those too, please.

Christmas Present Collection Update

Thanks to the generosity of Club members, we were able to present a Jolly Good haul of pressies to Good Sammy's Christmas Gift Appeal. Here is Sindy making our donation on behalf of the Club. Thanks for the photo, Sindy.



Club Service

INFORMATION

Next Tuesday 17 January there will be a Board Meeting.
Directors are reminded to send the Secretary their reports before the end of the week.

CLUB NIGHT DUTIES

Tuesday 17 Jan 2023

Property	Naomi Green	Sindy Bishop
Attendance	Carlton D'Souza	Michelle Gibson
Sergeant & Fines	Lloyd Dungey	
Committee Feedback	Youth	Murray Thorpe

B&B REPORT CARD

On Sun 18 Dec
Team 3 raised
\$ 3 158 !!

On New Year's Day !
Team 4 raised
\$ 879

On Sun 8 Jan
Team 5 raised



BRING & BUY DUTIES

Sunday 15 January 2023

TEAM 1

Michelle Kerr [Leader] (for Phil Cordery)

**Sindy Bishop
Ric McDonald
Dom Manno
Gordon Smith**

Meeting Highlights

This week we were privileged to host Brightwater representatives v and v who came to speak to ask for our help with an exciting new building development in our local area: the establishment of a Huntington's disease residence in Piara Waters.

Brightwater Care Group has a long history of supporting people with Huntington's disease and their families, and provides support for people in early stages of the disease at Kailis House in Belmont. Their Ellison House in Carlisle cares for people in later stages of the disease. However, these facilities are now ageing and inadequate for purpose, so in February, Brightwater will commence construction of a purpose-built home for Huntington's disease sufferers just off Warton Rd in Piara Waters. In the new state-of-the-art facility, Huntington's sufferers will have the opportunity to direct their own care, actively participate in their own home environment and local community, and engage with programs and services that empower people with Huntington's to age with dignity.



Brightwater representatives, Nicola Bedwood, Manager Corporate Engagement and subject matter expert Janet Wagland, General Manager Disability



Artist's impression of the new Huntington's campus at Piara Waters

The new campus will include 21 bedrooms and ensuites over seven houses with specialist assistive equipment and leading-edge technology. It will also include a garden with zones for living, relaxing, engaging and socialising.

Making this vision a reality requires considerable resources. As a not-for-profit organisation, Brightwater relies in large part on community and corporate generosity to deliver living environments that enable people to live their 'best lives'. Brightwater would welcome our support for this very worthwhile project.

What is Huntington's Disease?

Huntington's disease is a rare, inherited disease that causes the progressive breakdown of nerve cells in the brain. This has a wide impact on a person's functional abilities and usually results in movement, thinking and psychiatric disorders. Eventually, a person with Huntington's disease requires help with all activities of daily living and care. Late in the disease, the person will likely be confined to a bed and unable to speak. Medications and therapies are available to help manage some of the symptoms of Huntington's disease. But treatments can't prevent the physical, mental and behavioural decline associated with the condition.

Huntington's disease symptoms often first appear when people are in their 30s or 40s. The time between the appearance of first symptoms to death is often about 10 to 30 years. If the condition develops before age 20, the disease may progress faster.

A genetic test can be given if you have a **family history** of the disease but don't have symptoms. This is called predictive testing. The test can't tell you when the disease will begin or what symptoms will appear first. Some people choose not to be tested because they find knowing to be more stressful than uncertainty. Some want to take the test before deciding whether or not to have children.



Fun & Games News

Without Phil around to advise, our best guess at the value of the **Chase the Joker** Jackpot — is \$220-ish. This week Yours Truly drew only the six of clubs. The **Newsletter Puzzle** prize for our final 2022 puzzle went to Malcolm. **Heads & Tails** was won by our guest, Janet.

Around the Club

- ☀️ Best wishes to Zaneta and Steve Kerr for speedy returns to good health.
- ☀️ Happy holidays to Phil and Gordon.
- ☀️ Thanks to Ric and Ailsa McDonald for hosting our annual Club Christmas party on December 20th. It was a lovely evening in magical surroundings



Visit to the Austrian Club – next Sunday



A reminder that Guenter has made a reservation for our Club to have a social event at the *Austrian Club* in January next year. Details are as follows:

Date: Sunday 22 Jan 23

Time: 4pm onwards

Place: The Austria Club of WA - 46 Staniland St, Orange Grove.

Details: Informal gathering. Meet at the Austrian Club and enjoy fellowship with other club members. No cost - but buy your own drinks and dinner (good schnitzels).

Optional Wine Tasting: *Jadran Wines* is in walking distance of the Austria Club:

87 Reservoir Rd, Orange Grove WA 6109

Meet at winery at around 3:00 pm. Do some wine tastings and then move on to the Austria Club for 4pm.

Please advise Guenter or Murray if you are keen to attend.

DISTRICT CONFERENCE 2023



Upcoming Events

- Sun Jan 15 Bring & Buy Markets at Maddington Central: 5.00 to 10.30am
Phil's Team 1 is on Duty.

- Tue Jan 17 Club Night at GGC: Board Meeting**

- Sun Jan 22 Bring & Buy Markets at Maddington Central: 5.00 to 10.30am
Grant's Team 2 is on Duty.

Visit to Austrian Club: 46 Staniland St, Orange Grove: 4.00pm
(Optional wine tasting at nearby Jadran Wines: 3.00pm)

- Tue Jan 24 Club Night at GGC: District Governor's Official Visit.
Partners' Night**

- Sun Jan 29 Bring & Buy Markets at Maddington Central: 5.00 to 10.30am
Patrick's Team 3 is on Duty.

- Tue Jan 31 Club Night at GGC: Dr Angelita Martini – Brightwater Website**



PUZZLE TIME

What number should replace the Question Mark in the bottom right corner?

1	2	3
3	5	7
5	8	?

Answers to Susan by midday Tuesday for a chance to win a prize.



Answer to Last Week's Puzzle

What do all of the following have in common?

- Annie Lennox
- 'El Chapo', Joaquin Guzman
- Quentin Crisp
- Justin Trudeau
- Sissy Spacek
- Sir Isaac Newton



They were all born on December 25th !

Happy New Year's Resolutions



"It keeps me from looking at my phone every two seconds."



Black



"Don't step on it... It makes you cry"



"Then it struck me—nobody originally on the Paleo Diet lived past 35."



"Our New Year's resolution is to not talk politics at home."

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